

# Merton Health and Care Together Programme

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A Single Vision: *“Working together, to provide truly joined up, high quality, sustainable, modern and accessible health and care services, for all people and partners of Merton, enabling them to start well, live well, and age well”*



- Engagement and Co-Production
- True collaboration between all partners, including voluntary sector and HealthWatch
- Focusing on delivering significant improvements to wellbeing services in Merton
- Changing the system to be sustainable
- Holding Shared Objectives
- Developing a 'One Service' integrated delivery model

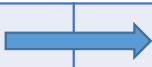
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# Our Vision:

Working together, to provide truly joined up, high quality, sustainable, modern and accessible health and care services, for all people and partners of Merton, enabling them to start well, live well and age well:

- Supporting Independence, good health and wellbeing
- Local accessible services
- Integrated, person centred care
- A partnership approach



Prevention Framework across the life course

	Responding to the needs of Merton Residents...	...Merton Health and Care Together will Focus on...	...to improve the lives of Merton residents
Start Well	<p><b>Integrated support for children and families</b></p> <ul style="list-style-type: none"> <li>- More children in need due to abuse, neglect or family dysfunction, than London and England</li> <li>- Greater increase in children with special education needs than London and England .</li> <li>- Higher rate of A&amp;E attendances in children under 18 years of age, than England.</li> </ul> <p><b>Emotional Wellbeing and Mental Health</b></p> <ul style="list-style-type: none"> <li>- Increase in children’s use of substance misuse service, in contrast to a reduction across England</li> <li>- Rate of child admissions for mental health conditions higher than local authority nearest neighbours and England.</li> <li>- The fifth highest rate in London of emergency hospital admission for self-harm</li> </ul>	<p><b>Children’s and Adolescents Mental Health Services:</b> Children and young people to enjoy good mental health and emotional wellbeing, and to be able to achieve their ambitions and goals through being resilient and confident</p> <p><b>Children and Young People’s Community Services:</b> Create an integrated commissioning strategy inc joint outcomes for CYP and families and identifying opportunities for integration</p> <p><b>Pathways to Adulthood:</b> ‘transition’ between childhood and adulthood</p>	<p>Improved experience of and access to mental health provision</p> <p>Service tailored to individual and family needs</p> <p>Reduced need for emergency intervention</p>
Live Well	<p><b>Wellbeing and Long Term Conditions</b></p> <ul style="list-style-type: none"> <li>- The main causes of ill health and premature deaths in Merton are cancer and circulatory disease</li> <li>- Steady increase in diabetes prevalence; an additional 1,500 people in Merton</li> <li>- Fewer than 1 in 5 adults are doing 30 minutes of moderate intensity physical activity a week</li> <li>- 1 in 4 adults are estimated to be drinking at harmful levels, with 3000 admissions to hospital for alcohol related conditions</li> <li>- Over half of adults in Merton are overweight or obese</li> <li>- Only 16.5% use outdoor space for exercise/health reasons, lower than London and England</li> <li>- 10% of the working age population have a physical disability</li> </ul> <p><b>Mental Health and Wellbeing</b></p> <ul style="list-style-type: none"> <li>- Higher reported levels of unhappiness and anxiety than in London and England</li> <li>- 16% of adults estimated to live with common mental health disorders like depression and anxiety</li> <li>- Higher rate of emergency hospital admission for self-harm than London and England</li> </ul>	<p><b>East Merton Model of Health and Wellbeing:</b> Developing a wellbeing model that underpins a holistic approach to self-management of long term conditions</p> <p><b>Diabetes:</b> life course, whole system approach. Focus on prevention and health inequalities. Deliver behaviour change at scale for LTCs</p> <p><b>Primary Mental Health Care:</b> New model based on single assessment, primary care recovery, wellbeing and Psychological Therapies</p> <p><b>Primary Care at Scale:</b> improve quality, reduce variation and achieve greater resilience and future sustainability</p>	<p>Improved wellbeing and independence</p> <p>Greater LTC control and outcomes</p> <p>Improved access to integrated primary and community services</p> <p>Improved access to mental health support</p>
Age Well	<p><b>Complex health and care needs</b></p> <ul style="list-style-type: none"> <li>- More people are living into older age with multiple long-term conditions</li> <li>- An estimated 1,686 older people have dementia in Merton</li> <li>- Merton currently supports around 4,000 adults with social care needs</li> <li>- Delayed Transfers of Care are lower than London and England, but fewer people remain at home 3 months after reablement than both London and England</li> <li>- 11% of people have a long term illness, disability or medical condition</li> <li>- 5,900 people aged over 75 live alone.</li> <li>- Emergency admissions due to falls are significantly higher than London and England</li> </ul>	<p><b>Integrated Health and Social Care:</b> Proactive and preventative services, rapid response, improving discharges, enhanced support to care homes, falls prevention</p> <p><b>Dementia Friendly Merton:</b> TBC</p>	<p>Improved experience, and control of care</p> <p>Reduction in falls and ambulance callouts</p> <p>Fewer emergency admissions and A&amp;E attends</p>



# MHCT Progress and Next Steps

## Progress to date

- Joint Case for Change
- Chief Executive's Leadership Group established
- Integrated Board – from ALL partners in Merton agreed
- Memorandum of Understanding agreed and signed
- Structure of Programme developed
- Agile citizen first approach adopted
- First initiative – integrated single point of access for community and social care services post acute discharge – now being implemented

## Next Steps

- Continue partnership working via the Programme
- Joint Engagement Event 21<sup>st</sup> November
- Joint Case for Change Completed 4<sup>th</sup> December
- Commissioning Intentions to be decided in partnership across Merton for 2021
- Work Programmes being scoped

